## Bob Dylan **Time Out of Mind**



COLUMBIA • 1997

by **Grayson** Haver Currin Contributor

/ ROCK

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Each Sunday, Pitchfork takes an in-depth look at a significant album from the past, and any record not in our archives is eligible. Today we explore Bob Dylan's masterful comeback, 1997's Time Out of *Mind*.

ot long after attending the California funeral of his friend Jerry Garcia, Bob Dylan found himself snowbound at his Minnesota farm. He would listen to the storms and write after the sun sank from the winter sky. Those songs turned the cold environment into a crystalline lens on the tiring world a place that was "not dark yet, but getting there," where "the blues [were] wrapped around my head."

What Dylan had left to say or whether he

had any enthusiasm left for saying it had, for a while, been unclear. Seven years had passed since he had released an original new tune, and that album, *Under the Red Sky*, was a near-catastrophe, scuttling what had seemed a comeback after Dylan crept through his polarizing '80s evangelism. He had grown disillusioned with the cycle of writing and recording, he later said, and simply wanted to play.

During the '90s, he issued two solo acoustic albums of earnest, sometimes poignant renditions of American standards, delighting those who had pined for the lost days of the folk kid from Greenwich Village. But coffeehouse covers hadn't made Dylan a spark of resistance in the '60s or a source of bittersweet reckonings with reality in the '70s. He had become a legacy act, accruing lifetime achievement laurels and touring his hits for Boomers in khakis. Possibly for the first time in his career, Dylan was beginning to blend into the scenery.

TRENDING NOW

Sean Paul Rates Pet Sunglasses, Nike Eyebrows, and Rainbow Teeth But months after Garcia's funeral, Dylan approached the audacious producer Daniel Lanois. Since helming the contentious sessions for what many had prematurely considered Dylan's actual comeback, 1989's half-stepping *Oh Mercy*, Lanois had cut U2's *Achtung Baby* and Emmylou Harris' *Wrecking Ball*, a wondrously atmospheric abstraction of the singer's gorgeous and aging country vision. In a New York hotel room, Dylan read Lanois the lyrics and asked him if he had a record. "I said, 'Yes, Bob, I think we've got a record," Lanois remembered with a sly laugh during a recent phone call.

Dylan sent Lanois home with a list of reference records to study—Charley Patton, Little Walter, Little Willie John, a mix of ragged blues and primordial rock. "I listened to these records, and I understood," Lanois wrote in his memoir, *Soul Mining*. "A new birth with the old dogs under your arm, like a stack of classic books." In the end, that rebirth was *Time*  *Out of Mind*, Dylan's 30th album and one that doesn't sound much like the basic blues at all. Instead, it is an essential postmodern reappraisal of them, an experimental consideration of what could become of the blues' sound and spirit and a mutual communion of articulate, exquisite despair. At the last minute, Lanois took Dylan's blurry snapshot for the cover of *Time Out of Mind*; on tape, that's exactly how he had captured him.

The next year was a reminder of what Dylan said he despised about making records-extended seaside sessions on the Atlantic and the Pacific, guitars smashed in anger, a militia of Nashville crackerjacks and world-class session players who had to be told more than once to play a lot less. Lanois and Dylan fought like hell in the parking lot of the Miami studio where they recorded, but after more than half a year and many mixes, overdubs, and lyrical revisions, Time Out of Mind-11 songs that would transform Dylan from seemingly obsolete icon to wise, wizened visionary almost overnight-was finished. And then Dylan nearly died.

Four months before *Time Out of Mind* arrived and just days after his 56th birthday, Dylan was admitted into a Los Angeles hospital after persistent chest pains that suggested a heart attack. Instead, acute pulmonary histoplasmosis —a nasty fungal infection caused by birdand-bat feces in the country's most fertile river valleys—had inflamed the covering around his heart and nearly killed him. "I really thought I'd be seeing Elvis soon," he said later. For weeks between his hospital release and the album's release, Dylan was bedridden, emerging just in time to play for the pope in Rome and sit for a series of high-profile interviews that inquired not only about his near-death experience but also that of his career.

Dylan's brush with Elvis made for an easy press hook, especially given the twilit misery of *Time Out of Mind*. In its four-star review, *Rolling Stone* noted the album "confront[-ed] his advancing years and the prospects of failing health." In a moment of too-soon chicanery, *Newsweek*'s cover joked "Dylan Lives."

But *Time Out of Mind* is not merely about death, though its inevitability looms at the periphery of these songs with the certainty of the setting sun; sometimes, death even seems for Dylan like the easy, desirous exit. Instead, *Time Out of Mind* is about dealing with life and its itinerant lows, knowing how it will all end, anyway. The blues become an emotional state of being. Through the cobwebs of his beleaguered voice, Dylan musters all the feelings of losing love, full of pride and insanity and lust and violence and humor, implicitly navigating the five stages of grief.

He writes with the hardened edge of Hemingway, trying to cloak feelings with callouses and sweetening his bitterness with a dash of wit. A portrait of the sometimes-awful truth about life and love, *Time Out of Mind* stands alongside Mark Rothko's so-called *Black Paintings*, conceived in poor health just before he killed himself, for its ability to stand at the lip of an abyss and stare into it. If you look long enough at the Rothko or listen closely to the Dylan, the most unexpected shapes will eventually stumble out of the dark.

Dylan begins in a bout of denial. At the start of "Love Sick," he shuffles through empty streets in the rain, a tangle of warped guitar, haunted organs, and faint drums aptly framing his bleak mood. He is mad at the world, judging its smiling people and castigating its illusion of happiness. "I'm sick of love/I wish I'd never met you," he calmly seethes in the closing chorus, addressing his ire not at anyone in particular but at the idea of human connection at large. "I'm sick of love/I'm trying to forget you." But the first five minutes of "Love Sick," which sound so preternaturally cool and ultimately unaffected that the song was immortalized in a Victoria's Secret advertisement, are purely a pose. After Dylan sashays through that last refrain, he collapses into the confession that sets the tone for most of Time Out of Mind: "Just don't know what to do/I'd give anything to be with you," he sings, his voice now curdled. The band pulls back from the pulse and lets the melody dangle against the open air, as if they too are surprised by the sudden candor of their maestro. This is the moment where we get to the heart of *Time Out of Mind*, where Dylan crawls inside his own depression.

For most of the next 70 minutes, that's where he stays: Dylan's misery is so exhaustive that, during "Dirt Road Blues," he turns the sight of a rainbow into an instance of pain. Elsewhere, parties give him headaches. He is alternately cold and broke, hot and aimless. "It's such a sad thing to see beauty decay," he half-howls during "Cold Irons Bound," an aired litany of grievances that finds him losing most everything he holds sacred. "It's sadder still to feel your heart turn away."

Dylan hits rock-bottom during a duo of creeping existential crises, mercifully

separated here by a swaggering barroom prowl. During "Not Dark Yet," he tells us he has been to "London... and 'gay Paree,'" reminders that he is a worldly sort who has had success and lived well. But here he is, shattered by the most pedestrian of things —love, or the loss of it—and tragically concluding "There's not even room enough to be anywhere." A decade before, he was coming down from his great Christian awakening. Now, he doesn't "even hear the murmur of a prayer." How could he fall further?

Lanois' production has often been criticized for warping Dylan's voice too much, for burying it in a cloud of effects. In early Time Out of Mind demos and outtakes, after all, Dylan practically sounds like Etta James, riding on top of his blues; on the record itself, he is pushing the words upward as an act of mere survival, letting them out so he can breathe back in. But the pervading murk of "Not Dark Yet" is exactly what these lyrics demand. As with the transmuted blues of Loren Connors or Grouper, Lanois lets Dylan flicker at the threshold of existence here, giving his troubles a sense of mortal urgency.

"Trying to Get to Heaven" is about being uncomfortable with everything and everyone everywhere—kicked out of Missouri, given false consolation in New Orleans, taken for a ride to nowhere in Baltimore. In the end, he simply falls asleep to escape inside his dreams, a world that now seems as concrete and meaningful as the actual people around him.

Strange as it may sound, "Trying to Get to Heaven" has long felt inspirational, given the subsequent arc of Dylan's career. "When you think that you've lost everything/You find out you can always lose a little more," he half-grunts toward the end, reaching the apogee of his sadness. But Time Out of Mind won three Grammys and kick-started Dylan's true second coming—a string of self-produced, hyper-stylized albums that turned his love of the blues, standards, and literature into impressionistic, intricate Americana and helped him on his way to a Pulitzer. In your grimmest moments, just remember how near-death Dylan sounds here—and exactly how much life he actually had left.

Even deep in his own hurt, Dylan maintains a sense of pride, hoping to preserve some dignity as he approaches his end. Amid the sad, stately waltz of "Standing in the Doorway," he tells his best lie: "I would be crazy if I took you back," he sings, the slide guitars curling beneath him like confused question marks. "It would go up against every rule." This is what he is supposed to say, of course, to save face when the entire album is about how *not* getting her back will be his ruin. Who hasn't been here before—completely despondent, but trying to pretend you've got the upper hand in some romantic standoff?

This is the softer, more playful side of Dylan's anger, but it occasionally flashes into hints of violence. When he croons "Don't know if I saw you, if I'd kiss you or kill you" early in the album, it feels like a lonely abstraction, a what-if penned from a distance. By record's end, though, it has morphed into real menace. Breathing fast, pulse racing, he's doing his best to hold himself together during "Can't Wait," trying not to lash out or do something he will live to regret. The guitars slash, and the organs roar, fighting the same urge to explode. "If I ever saw you comin', I don't know what I might do," he yells as best he can. "I'd like to think I could control myself, but it isn't true." His sadness, at last, has beaten his civility.

In spite of its presiding gloom, *Time Out of Mind* actually delivered a new Dylan standard—his first hit in decades and a song that has become almost as ubiquitous as "Like a Rolling Stone" or "Forever Young," even if he mostly hasn't been the one to sing it. A month before Time Out of *Mind* arrived, Billy Joel turned the spare ballad "Make You Feel My Love" into a bombastic, string-swept single, shouting the lyrics and howling behind the harmonica like it was he who stepped onstage at Newport in 1965. Twin versions by Garth Brooks and Trisha Yearwood soundtracked the 1998 rom-com Hope Floats, while takes from Neil Diamond, Ed Sheeran, and Kelly Clarkson have followed. But it was Adele's piano-andcello lament-and its subsequent appearance on "Britain's Got Talent"-that turned Dylan's ostensible love song into an international standard and, according to Adele, made Dylan at least a million pounds in a year.

But what is there on *Time Out of Mind* to suggest that Dylan had suddenly turned soft for three minutes, that he would dip so smoothly into guileless piano ballads? Absolutely nothing. In the preceding song, he's so tormented his crops are dying and all his friends are traitors; in the next song, he wonders *again* if he could control his violent impulses if he encountered his paramour. This isn't the sort of person who shuffles over to the piano and readily forgives. This is the sort of person your friends warn you about, the guy who shows up drunk at 3 a.m. and slurs drunken promises as he bullies the doorbell.

All the song's romantic images about warm embraces and dried tears and self-sacrifice are purely hypothetical, things he "could" do if the subject would simply submit to his advances already. In the five stages of grief, this is bargaining, and it's a particularly nasty business here. "I know you haven't made your mind up yet, but I would never do you wrong," he pleads, the trace of guilt in his voice vanishing as quickly as it appeared. He makes his demand clear. "I've known it from the moment that we met/No doubt in my mind where you belong." In context, "Make You Feel My Love" is not a romantic bauble; it is an ironclad threat in a velvet glove, one final attempt to force love from the listener at any cost.

The Dylan faithful largely hated "Make You Feel My Love" from the start. Ian Bell —the late British journalist and exhaustive Dylan analyst—quipped that the song "should have been shipped off instantly, gratis, to Billy Joel, Garth Brooks, and the rest of the balladeers who would take the vapid things to their sentimental hearts." It is a song worth reconsidering, though, not in Joel's mawkish translation or even Adele's austere one but instead in its original setting. Those famous covers alternately sound triumphant or plaintive, suitable enough for a standalone single.

But even as Dylan plays tender piano above a pillow-top organ, he sounds absolutely broken, the cracks of his voice widening into chasms. There's occasionally a whisper of percussion and a distant acoustic guitar lick, but he's mostly left to wrestle these feelings himself. This is the real pit of his desperation, concealed to read like romance in order to save face. It is an essential piece of this picture, a last-ditch attempt for sanity from someone who has lost control.

In the end, Dylan pulls himself together, at least enough to survive for a while longer. *Time Out of Mind* ends with "Highlands," a brilliant and occasionally hilarious 17minute shuffle that frames life's endless numbered days as a string of largely meaningless moments. "Feel like I'm driftin', driftin' from scene to scene," Dylan mumbles in a monotone fit for someone who has simply resigned himself to exist. "I'm wonderin' what in the devil could it all possibly mean." He listens to Neil Young, avoids a sad dog, ponders his wardrobe, envies young people, and details an awkward encounter with a waitress in a Boston café that paints him as an artist perennially uncomfortable with his audience. All the while, he daydreams of the Scottish Highlands and its verdant scenery—for him, heaven, or "where I'll be when I get called home." He understands his age and fate, even if he longs for youth. Without the ballast of his love, this moribund acceptance becomes his life.

The total craft of *Time Out of Mind*, the dry spell that preceded it, and the saga that produced it collectively serve a cautionary function. If you hadn't given up on Dylan by 1997, you were either a zealot who would eke merit from most anything he made or a casual fan who had stopped paying enough attention to have a strong opinion. But the sophistication and nuance of *Time Out of Mind* work only because Dylan had become a wunderkind, gone electric, faced backlash, crashed his motorcycle, wrecked his marriages, found his faith, faltered in it, fathered a family, seen his kid become a rock star, lost old friends, wavered in relevance, and wondered if he cared about any of it anymore at all. The extra grain in his voice, the lessons of his words, the disorienting blur of his band: It is the sublimated sound of actual pain, lived and analyzed and

announced in songs that show you exactly how dark the world can get.

*Time Out of Mind* feels like the antithesis of our pervasive need to have an opinion about everything all the time. It is a reflection on a life lived, not a reaction to someone else's ideas. There's a place for both, as Dylan's own brash, youthful songs made clear a half-century ago. The difference is one of insight, of 55 years of life slowly distilled into wisdom. Everything won't be alright, but desolation can be its own unlikely source of triumph. Dylan had a grief that gave him nowhere to go but the grave—or, as he did, onward.

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